

# **DELHI STATE YOGASANA SPORTS**

## **CHAMPIONSHIP 2023**

An Open State Yoga Competition took place on 29 July'23 and 30 July'23 at Arya Samaj Community Centre, Rajender Nagar, bringing together enthusiastic students from various schools. The event aimed to promote physical fitness, mental well-being, and the art of yoga among the participating students. The competition was divided into different age groups. **Students (Manvik, Gurveet, Manya Pal, Mohd. Gufraan, Farhan) got Bronze medals in Individual yoga competition and secured third position in group Yoga Competition. The remarkable performance of Bhavya Kushvaha securing First Position and Sarthak Sharma securing second position in individual yoga competition brought laurels to the school.**

The students showcased impressive yoga skills, captivating the audience with their disciplined and graceful performances. Participants not only embraced the physical aspect of yoga but also delved into its cultural significance and spiritual essence.



# Little Flowers International School

## Delhi State Yogasana Sports Championship 2023



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info@lfidelhi.com



www.lfidelhi.com